## CLAIMS

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- Method for fabricating a rolled food item, 1. comprising the steps of: providing a strip of support material and food, with the strip of support material and food having a trailing edge and a leading edge, with the food having a tackiness; rolling the strip of support material and food into a roll having a periphery and a center, with the support material located on the outside of the roll, with the trailing edge located on the periphery of the roll and with the leading edge located adjacent the center of the roll; and spraying a deposit of a source of moisture at least on the food adjacent to the trailing edge prior to its rolling into the roll, with the source of moisture increasing the tackiness of the food sufficient to be adherable to the support material in the roll to at least temporarily prevent unintentional unrolling of the roll.
  - 2. The method of claim 1 wherein the strip providing step comprises the step of providing the strip of support material and food having an elongated length between the trailing and leading edges; and wherein the spraying step comprises the step of spraying the deposit of a length considerably shorter than the elongated length of the strip of support material and food.
  - 3. The method of claim 2 wherein the spraying step comprises the step of spraying the deposit with the length approximately 10% of the elongated length of the strip of support material and food.
  - 4. The method of claim 2 wherein the spraying step comprises the step of spraying the deposit with a food grade water free of adhesive type additives.
  - 5. The method of claim 3 wherein the strip providing step comprises the steps of providing a strip of support material having side edges and providing food having side edges spaced inwardly from the side edges of the strip of support material.

- 6. The method of claim 5 wherein the spraying step comprises the step of spraying the deposit having side edges spaced inwardly from the side edges of the food.
- 7. The method of claim 6 wherein the step of providing food comprises the step of providing a strip of food with the leading and trailing edges of the strip of food being coextensive with the leading and trailing edges of the strip of support material.
- 8. The method of claim 7 wherein the spraying step comprises the step of spraying the deposit having a trailing edge coextensive with the trailing edge of the strip of food.
- 9. The method of claim 8 wherein the strip providing step comprises the step providing food in the form of a sweetened dehydrated fruit based material.
- 10. The method of claim 9 wherein the strip providing step comprises the step of providing the strip of support material in the form of silicon parchment paper.
- Apparatus for fabricating a rolled food item, comprising, in combination: means for providing a strip of support material and food, with the strip of support material and food having a trailing edge and a leading edge, with the food having a tackiness; means for rolling the strip of support material and food into a roll having a periphery and a center, with the support material located on the outside of the roll, with the trailing edge located on the periphery of the roll and with the leading edge located adjacent the center of the roll; means for spraying a deposit of a source of moisture at least on the food adjacent to the trailing edge prior to its rolling into the roll, with the source of moisture increasing the tackiness of the food sufficient to be adherable to the support material in the roll to at least temporarily prevent unintentional unrolling of the roll.
- 12. The apparatus of claim 11 wherein the strip of support material and food has an elongated length between

the trailing and leading edges; and wherein the deposit has a length considerably shorter than the elongated length of the strip of support material and food.

- 13. The apparatus of claim 12 wherein the strip of support material and food comprises the strip of support material having side edges and a strip of food having side edges spaced inwardly of the side edges of the strip of support material, with the leading and trailing edges of the strip of food being coextensive with the leading and trailing edges of the strip of support material, with the deposit having side edges spaced inwardly from the side edges of the strip of food and having a trailing edge coextensive with the trailing edge of the strip of food.
- Rolled food item comprising, in combination: strip of support material and food, with the strip of support material and food having a trailing edge and a leading edge, with the strip of support material and food being rolled in a roll having a periphery and a center, with the support material located on the outside of the roll, with the trailing edge located on the periphery of the roll, with the leading edge located adjacent the center of the roll, with the food having a first portion adjacent the trailing edge and a second portion of a substantially longer length than the first portion, with the first portion of the food having a moisture content greater than the moisture content of the second portion and so that the tackiness of the food is sufficient to adhere to the support material in the roll to at least temporarily prevent unintentional unrolling of the roll.
- 15. The rolled food item of claim 14 wherein the first portion has a length approximately 10% of the length of the strip of support material and food between the trailing and leading edges.
- 16. The rolled food item of claim 15 wherein the food has side edges spaced inwardly from the side edges of the strip of support material and with the first portion

having side edges spaced inwardly from the side edges of the food.

- 17. The rolled food item of claim 16 wherein the food comprises a strip of food having leading and trailing edges coextensive with the leading and trailing edges of the strip of the support material, with the first portion having a trailing edge coextensive with the trailing edge of the strip of food.
- 18. The rolled food item of claim 17 wherein the food is in the form of a sweetened dehydrated fruit based material.
- 19. The rolled food item of claim 18 wherein the support material is in the form of silicon parchment paper.
- 20. The rolled food item of claim 17 wherein the strip of food has the same consistency between the trailing and leading edges aside from increased moisture content in the first portion.